

lose weight with

# LEMON



and

# PEPPERMINT

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## BODY EDGE FITNESS

YOUNG LIVING INDEPENDENT DISTRIBUTOR

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WELL, HERE IT IS. YOUR TICKET TO THE START OF A HEALTHIER YOU. YOUNG LIVING LEMON AND PEPPERMINT ESSENTIAL OILS SUPPORT YOUR BODIES DIGESTIVE, CLEANSING AND DETOX FUNCTIONS. GIVE THIS COMBINATION A TWICE A DAY TRY FOR A MONTH AND SEE HOW YOU FEEL...MY GUESS IS LIGHTER!



**FIRST:** YOU GET AN EMPTY VEGETABLE CAPSULE

**SECOND:** ADD FOUR DROPS OF YOUNG LIVING LEMON OIL TO THE CAPSULE

**THIRD:** ADD FOUR DROPS OF YOUNG LIVING PEPPERMINT OIL TO THE CAPSULE

**FOURTH:** FILL THE CAPSULE THE REST OF THE WAY UP WITH YOUR FAVORITE CARRIER OIL

**FIFTH:** SNAP THE TOP ON, GIVE 'ER A SHAKE AND TAKE IT DOWN WITH WATER.

I AM A

# LEMONDROPPER



FOR MORE INFORMATION, DISCLAIMER OR TO BECOME A DROPPER, VISIT:

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