

frankincense

AROMATIC | TOPICAL | DIETARY

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APPLY ON AGING SKIN BY MIXING WITH LAVENDER AND COCONUT OIL MORNING & NIGHT.

APPLY A FEW DROPS ON CUTS AND SCARS TO HELP HEAL AND REDUCE APPEARANCE.

BOOST IMMUNITY BY TAKING IT INTERNALLY.

HELP SOOTHE CHILDREN BY APPLYING WITH COCONUT OIL ONTO THEIR FEET AROUND BED TIME.

EASE BACK DISCOMFORT BY APPLYING DIRECTLY ON THE SPINE.

DIFFUSE TO UPLIFT MOOD AND HELP COMBAT SADNESS AND ANXIETY.

APPLY ON TEMPLES AND WRISTS TO RELIEVE STRESS.

APPLY ON NECK AND THROAT TO SOOTHE IRRITATION AND COUGHING.

APPLY A FEW DROPS ON ITCHY, DRY SKIN TO SOOTHE IRRITATIONS.

MASSAGE INTO SORE JOINTS TO EASE DISCOMFORT.

ADD 1 DROP TO BODY OR FACIAL ACNE TO PROMOTE CLEAR SKIN.



BODY EDGE FITNESS

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I AM A

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