

# CERTIFICATE OF COMPLETION



**JILLIAN MICHAELS**  
**BODYSHRED™**

BLACK

has completed and successfully passed the

**JILLIAN MICHAELS BODYSHRED™**

training workshop, including

practical and training exams as of

04/29/15

and is approved to teach this program

at any facilities licensed or permitted to offer

**JILLIAN MICHAELS BODYSHRED™**



Jillian Michaels  
BODYSHRED™ Creator

04/29/15

NESTA- Provider #408 & 0.1 CEUs  
NASM- Provider #1,016 & 0.8 CEUs  
AFAA- Provider #2014344A & 7.5 CEUs